

# AUTISTICA

**Autistica is the UK's autism research charity. Through Autistica Play, we work with the games industry and games players to build long, happy, healthy lives for autistic people.**

## Why we're working with the games industry



Thousands of autistic people enjoy playing and developing games.



Many struggle to socialise but games provide a safe space to connect.



Just 16% of autistic people are in full time work but they have talents to offer.

## How you can help through Autistica Play

- Improve support for autistic talent.
- Increase understanding of autism.
- Raise vital funds and awareness.

## Get in touch!

Email me: [Jake.Mackey@autistica.org.uk](mailto:Jake.Mackey@autistica.org.uk)

Tweet me: [@LevelUpJake](https://twitter.com/LevelUpJake)

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## Top ten game changers at work and events

How many can you tick off?

1 Provide information upfront to reduce anxiety e.g. before interviews

2 Stick to your plan: change can be difficult for some

3 Provide a quiet space in case people need to take a few minutes out

4 Use flapplause instead of clapping to reduce sensory overload & still show support

5 Provide communication options for people who interact differently

6 "social norms" are not normal for everyone e.g. shaking hands, eye contact

7 Be open to different ways to stay focused and get stuff done

8 Be patient if people need more time to process thoughts

9 Check sensory needs: light, sound and smell can affect people differently

Together we can do more.  
Let's talk.

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